



Judy Bostdorf

The PinnacleHealth Nurse Family Partnership currently serves 70 clients, but since the inception of the program in the fall of 2008, we have served 156. At full capacity, PinnacleHealth will help 115 clients in Dauphin and Franklin Counties.

PinnacleHealth Community Health Center provides a wide array of services for more than 50,000 at-risk or under-served families.

The Children's Resource Center (CRC) serves Dauphin, Cumberland, Perry and Lebanon counties as the central location for all agencies involved in medically evaluating, interviewing and treating children suspected of being abused. Guided by its mission to eliminate and reduce the aftermath of child abuse, the CRC seeks to identify abused children, protect them from further abuse and promote abuse prevention activities. The CRC served more than 1700 children in 2009-10.

PinnacleHealth's Childhood Lead Poisoning Prevention Program (CLPPP) provides comprehensive lead poisoning prevention, testing and control services. Through a contract from the Pennsylvania Department of Health, the program serves 35 counties in Central and Northeastern Pennsylvania targeting low-income families and children in areas at high-risk for lead exposure. CLPPP screened 6,116 children and 371 pregnant women for lead poisoning.

The PinnacleHealth Resource Education and Comprehensive Care for HIV (REACCH) Program is the only one of its kind in central Pennsylvania, emphasizing treatment and prevention of the spread of HIV for women and children. Since its beginning in 1998, the REACCH Program has prevented 74 babies born to HIV-infected moms from becoming infected with the disease. In addition to the vast health benefits of prevention, the estimated lifetime healthcare cost savings for keeping one infant from becoming infected is \$160,980.

Helping First-time Moms

Robin Freeman, 19, works two jobs, cares for her ailing mother, takes nursing classes at HACC and is raising her 16-month-old son Akiem with an eye toward becoming his best role model.

"It's been hard. It's been really hard, but I did it," said the Harrisburg resident, who graduated from Kaplan Career Institute in June as a certified medical assistant and completed an externship at Penn State Milton S. Hershey Medical Center's neonatal intensive care unit. "I had a lot of help from my family, my son's dad and from Miss Judy. She gives me guidance and assures me I'm doing things the right way with my son."

Miss Judy, otherwise known as Judy Bostdorf, is supervisor of PinnacleHealth's Nurse-Family Partnership Program which is run with funding from the state Department of Public Welfare. She is one of three nurses in the voluntary program that provides nurse home-visitation services to low-income, first-time mothers in Dauphin and Franklin counties.

In July, PinnacleHealth received a \$150,000 grant from the Highmark Foundation to expand the program to more women.

As Freeman's nurse, Bostdorf began meeting with her before she gave birth and will continue to meet with her until Akiem turns two. Bostdorf has helped Freeman wade through myriad topics associated with pregnancy and parenting.

"It can be overwhelming sometimes with everything I'm doing, and Miss Judy will tell me not to overdo it, to take a break," said Freeman. "She tells me to get exercise, eat well, get my rest and take my medicine [for Type I diabetes]."

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