

Educational Reimbursement Form for PinnacleHealth Medical Plans

PinnacleHealth is committed to encouraging employees to take on a healthy lifestyle by providing educational opportunities to help manage ongoing medical issues such as back pain and diabetes. PHS also recognizes the importance of prenatal care classes, weight management activities, nutritional counseling sessions, and stress management classes to the overall health and well-being of our workforce. *Therefore, employees and dependents covered by the medical plan can be reimbursed in specified categories up to a maximum of \$300 per year.*

Please note that all activities require the employee/dependent to pay for the program, participate, and submit a receipt after the class has completed. Receipts must be on company letter head with address and telephone number included. Your healthcare provider must write a prescription for you to participate in these programs.

Forms and required attachments must be completed and returned to Human Resources, 2nd Floor Brady. Completed forms will be verified and forwarded to Highmark BlueShield for processing. Highmark will issue reimbursement checks directly to the employee.

Approved Class Categories:

- Cardiovascular Disease
- Prenatal Care
- Smoking Cessation
- Diabetes Education
- Back Care
- Stress Management
- Medical Self-Care
- Weight Management such as Weight Watchers or Create your Weight
- Nutrition Counseling provided by PinnacleHealth Nutrition Therapy Dept

Employee Name _____
Employee ID _____
Home Phone _____
Work Phone _____
Name of class attendee _____
Highmark ID # (from the member identification card) _____
Cost of classes _____
Date (s) of services _____
Signature of Employee _____ Date _____

To be completed by Human Resources:

Prescription Verified Medical Coverage Verified Receipt Attached

Signature of Benefits Representative _____

Date _____